

Step 7—Humbly asked God to remove our shortcomings

7B--Asking

What has been my experience in asking my higher power to remove stuff from my life?	
Many people connect to their higher power through the group. What would it mean for me to be using that channel to ask my higher power? What would I need to be talking about in the group?	
If I have had the experience of having something removed from my life, what type of experience was it? How willing am I to ask my higher power to take me through such again?	
Part of asking a higher power is to turn over the “when it will be answered”. How willing am I to put up with the consequences of having those character defects in my life while my higher power decides on when to act? What are some of those consequences?	
Some spiritual practices talk about “waiting for God”. That is an active waiting, not a passive one. We “wait” by working to clear up everything that would prevent us from acting when it is time to act. What things are in my life that keep me from asking my higher power to remove these shortcomings?	

<p>In many cases, our higher power takes away these shortcomings through having us go through painful experiences. Often, to ask a higher power to remove a shortcoming means to do amends for that shortcoming. What is keeping me from moving on into doing amends?</p>	
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